

What's on in the West

School Newsletter

IMPORTANT DATES

Learning Pack Pick up & Drop off

Fridays 9am - 4pm

Mobile Library

Fridays 12pm - 4pm

Curriculum Day

Monday 4th May

Book Club Due

Friday 8th May

PRINCIPAL'S MESSAGE

Dear parents and carers,

Week 2 done and dusted! I hope you and your children have begun settling into a routine and that the initial challenges you may have faced have started to ease up.

I have so much admiration for the way you are all handling this situation! Please remember that we are here to help if we can so don't be afraid to reach out.

If you haven't already seen it, head to facebook and check out the video post showing just some of the amazing videos being created by our teachers.

Thank you all again for your ongoing support and I look forward to seeing you at some stage soon.

Kristy Keenan

PRINCIPAL



STUDENT OF THE WEEK

Prep A	Noah	For his commitment and enthusiasm towards his home learning. Thanks for sharing all the wonderful videos and photos of your work. Keep it up!
1C	Angelina	For working so hard at home and producing so much work, even more than what was asked. It has been a pleasure to see her uploading photos and videos as well.
1DS	Dax	For working very hard on all of his allocated tasks and for spending time practising to use seesaw and upload his work and videos. Well done Dax!
2M	Amelia	For being such a positive member of the class during remote learning! Keep up the good work!
2HV	Lexi	for her creative responses in all writing activities during Remote Learning and even adding her personality to the worded problems activity, well done.
	Lachlan	for working hard and not giving up even when it gets really hard, well done.
2SS	Jasper	Jasper, you should be proud of the level of work that you are completing. We are proud of you and your capabilities.
3S	Lara	for the amazing effort she has put into all of her home learning tasks over the past 8 days. I am blown away by your determination, perseverance and total dedication to all of your learning.
	Cooper	for showing fantastic resilience and perseverance in all of his home learning tasks. Your dedication is fantastic Coop! Keep up the great work
4AP	Lleyton	for pushing yourself to complete more graphing activities by surveying family and friends about their favourite season. You completed this to such a high degree - well done Lleyton!
4M	Taylor	For the incredible effort you have been putting in with you home learning. You have been having a go at every activity and your finished work is amazing.

STUDENT OF THE WEEK

- 5C Oscar for his dedication to remote learning. Your workbook is beautifully set-up, you are actively posting your work and engaging with Seesaw. Congratulations and keep it up!
- 5G Kayden For his hard work during remote learning. Your effort towards our learning activities is evident through your engagement in Seesaw and the work you have been submitting is absolutely fantastic. Keep up the great work!
- 5/6D Mitchell For your interesting facts on ANZAC day and showing a positive attitude towards remote learning. Awesome effort!
- Holly For going above and beyond when writing your persuasive text on 'Why being famous wouldn't be the best thing in the world'. You provided very strong arguments and detailed examples. Outstanding effort!
- 6MW Emily For her dedication to her work during remote learning.
- PE Harvey for his enthusiasm in his PE videos! Keep up the great work!



THE RESILIENCE PROJECT™

TRP @ Home

TRP @ Home has been designed to provide families with easy to implement learning activities and digital content linked to the The Resilience Projects key principles; Gratitude, Empathy, Mindfulness & Emotional Literacy.

These principles are simple to implement and are supported by research that shows practising them everyday will help you feel happier and more resilient. Just like anything in life if you want to become better at something, you just need to practice!

Each week TRP @ Home will provide 5 activities for each of Lower Primary (F-2) Upper Primary (3-6) and Secondary that will focus on one of The Resilience Project principles. As parents and caregivers we ask that you assist your child/children in completing the activities. Some of the activities will require more assistance than others.

We also ask that you demonstrate and role model the GEM principles as often as you can! To assist we have created GEM CHAT. These daily questions have been written to continue to practise the GEM principles with members of your family. We know that if you practice these principles as part of your daily routine they will become a habit. Research tells us that making them a habit will improve your happiness and resilience. We also think it is a great way to facilitate positive conversations as your family shares a meal either in the morning, afternoon or evening. As a parent, it is really important that you demonstrate these behaviours by answering the questions too.

GEM CHAT

These daily questions have been developed to help families practise the GEM principles. They are a great way to facilitate positive conversations as your family shares a meal either in the morning, afternoon or evening or at a time that works best. Check out the GEM CHAT questions for this week below.

Gratitude GEM CHAT Questions

- Who is someone you know who may be experiencing some difficulty currently? What could we do for them as a family?
- Remember someone who has done something kind for you recently. What did they do for you?
- Say something kind to someone in your home

Empathy – Putting ourselves in the shoes of others to feel and see what they do. We practice this through being kind and compassionate towards other people.